

P.E. Curriculum Map 2022-23

Class	Autumn	Spring	Summer
YR	Running/Jumping/hopping Receiving/Rolling Dance: Nursery Rhymes/Fairy stories Gymnastics	Kicking Throwing and catching Dance: Dinosaurs/Mini-beasts Gymnastics	Striking Athletics Dance: Flamenco Gymnastics/Dance
Y1	Gymnastics: Balance Dance: Weather/Under the sea Kicking (football) Receiving/Rolling (netball)	Gymnastics(Pathways) Dance: Healthy Me Travelling (tag rugby/hockey) Throwing and catching (netball/dodgeball)	Athletics Striking (cricket) Tennis Dance: Mouse and Monster
Y2	Kicking (football) Receiving/Rolling (netball) Dance: Great Fire of London Gymnastics(Flight)	Gymnastics(Rolling and Rocking) Dance: Samba Dance Travelling (tag rugby/hockey) Throwing and catching (netball/dodgeball)	Athletics Dance: Countries Striking (cricket) Tennis
Y3	Gymnastics(Symmetry/Assymetry, Balance,) Dance: Romans Netball/Basketball Football	Gymnastics(Rolling/Rocking, Sliding) Dance: Bollywood Hockey/Handball Tag Rugby	Cricket Tennis Swimming Athletics
Y4	Swimming Dance: Urban Freestyle Football Netball/Basketball Outdoor/Adventurous (CHET residential)	Gymnastics(Shape/Balance) Dance: Rainforests Hockey/Handball Swimming Tag Rugby	Athletics Gymnastics(Rolling/Jumping) Cricket Tennis
Y5	Gymnastics(Shape/Travel/Balance) Dance : Hip-hop Netball/Basketball Football	Gymnastics(Rolling/Jumping) Swimming Dance: Ancient Greeks/ Soccer Jam Hockey/Handball Tag Rugby	Swimming Athletics Dance: Vikings Cricket Tennis Outdoor/Adventurous (Derwent residential)
Y6	Swimming Dance: Combat Gymnastics(Floor work: Balance) Netball/Basketball Football	Dance: The Aztecs Gymnastics (Apparatus:Balance/Jumping) Hockey/Handball Tag Rugby	Athletics Cricket Tennis Outdoor/Adventurous (Derwent residential)