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children's
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Be Active



Love the holidays

May Half Term Holiday Guide

Tuesday 26th - Friday 29th May 2026

Bootle / Crosby / Litherland / Maghull / Netherton / Southport



0-16 yrs

Be Active

Sefton Council



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Be Active



School Holiday Programmes

Fun for all children

Dance Camps and Workshops

Led by our in house dance expert Jenn. Our dance camps and workshops will give children the opportunity to learn new, choreographed dance routines from their favourite films/songs. Take part in singing activities and enjoy dance and drama based games.

No discounts will be applied.

Be Active Swimming Sessions*

Discounted swim sessions are available in all of our swimming pools as part of Be Active during allocated time slots in; Meadows, Dunes, Bootle and Crosby swimming pools.

Sports & Games

For children from reception age to 12 years old, our days are packed with a variety of different sports and games such as dodgeball, archery, team building activities and much more. Children will be split into age specific groups and led by our enthusiastic Active Sefton Coaches who will create a happy and safe environment for your children.

* Full prices apply to accompanying adults. Under 8's must be accompanied by an adult at all times.
1 Adult : 2 Under 8's. Floats and music are not guaranteed at every session.





Bootle Leisure Centre

North Park, Washington Parade, Bootle, Liverpool, L20 5JJ

Activity	Time	Days	Age
Be Active swimming session	Session 1: 10am - 11.15am Session 2: 11.30am - 12.45pm Session 3: 1.00pm - 2.15pm Session 4: 2.30pm - 3.45pm	Tuesday 26th - Friday 29th May	0-16 years

Due to the popularity of our swimming programme, we have introduced a time banded session system throughout half term holiday period. Coloured wristbands will be sold 15 minutes before the start of each session. Only the main pool will be open due to essential maintenance works.

Crosby Leisure Centre

Mariners Road, Crosby, Liverpool, L23 6SX

Activity	Time	Days	Age
Dance Camp	9am - 3pm	Wednesday 27th May	*4-12 years

*Children age 4 must be in Reception



Dunes Leisure Centre

Esplanade, Southport, Merseyside, PR8 1RR

Activity	Time	Days	Age
Swim & Splash	10am - 12pm	Tuesday 26th - Friday 29th May	0 - 16 years
Swim & Splash	2pm - 4pm	Tuesday 26th - Friday 29th May	0 - 16 years

Litherland Sports Park

Boundary Road, Litherland, Liverpool, L21 7LA

Activity	Time	Days	Age
Sports & Games	9am - 3pm	Tuesday 26th - Friday 29th May	*4 - 12 Years

*Children age 4 must be in Reception

Meadows

Meadows Leisure Centre, Hall Lane, Maghull, L31 7BB

Activity	Time	Days	Age
**Be Active Swimming Sessions	10am - 12pm	Tuesday 26th - Friday 29th May	0 - 16 years
**Be Active Swimming Sessions	1pm - 3pm	Tuesday 26th - Friday 29th May	0 - 16 years
Dance Workshop	1pm - 4pm	Thursday 28th May	*4 - 12 years

*Children age 4 must be in Reception

** the learner pool is shut on Tuesday's and Thursday's 9am - 12pm





Ditch your Stabilisers

We have two sessions of this extremely popular activity available during this holiday; proving to be the ideal way for families to get their children riding and with a fantastic success rate, these hands-on sessions for families offer the perfect opportunity to give your children a head start with their cycling.

With support, advice and guidance from our enthusiastic and knowledgeable staff, we provide you with the tools to get your children riding independently without stabilisers and achieve that real land mark moment in their lives that they'll remember for years to come.

Please ensure your child has suitable clothing and footwear for the session along with their bike & cycle helmet that fits.

Children must be accompanied by an adult who must participate in the session. Please note this session is outside.

When	Where
Tuesday 26th May 9am - 12pm or 1pm - 4pm	Litherland Sports Park, Boundary Lane, Litherland, L21 7LA





Prices and Booking

Days / Activity	Pre-booking	Saver Plus	Turn up on the day
1 day	£17	£14	N/A
Dance Camp	£17	N/A	N/A
Dance Workshop	£10	N/A	N/A
Ditch your stabilisers	£15	N/A	N/A
Be Active Swimming Sessions*	N/A	£2.40	£3.20

* full prices apply to accompanying Adults £7.00





£5.50 per session

Tots Gymnastics

Gymnastics classes for 2 - 4 year olds

- A fun introduction into gymnastics
- Develop social skills
- Helps to build skills such as co-ordination, balance, dedication and self-confidence
- No special kit required



Crosby Lakeside Adventure Centre

Tuesdays 9:30am - 10:15 am or

10:30am - 11:15am

Term time only

Booking is essential



SCAN HERE

BOOK NOW

To register a place, visit www.activeseftonfitness.co.uk -
click Book Online and select Active Sefton>Tots
Gymnastics

**active
sefton**

Sefton Council 



Kids Activity Session's based on some of the following activities

WATER BASED

Kayaking
Bell boating
Raft Building
Sup

LANDBASED

Archery
Fencing
Orienteering
Problem Solving

REGISTER ONLINE



Crosby Lakeside has the right to change any of the above activities on day due to environmental weather conditions in the interests of participant safety. equipment needed towel, footwear you don't mind getting wet

Date	Activity	Time	Age	Price
Tuesday 26 th May	Kids Activity Session	9.30am - 12.30pm or 1 - 4pm	8 - 15	£28
Wednesday 27 th May	Kids Activity Session	9.30am - 12.30pm or 1 - 4pm	8 - 15	£28
Thursday 28 th May	Kids Activity Day	9.30am - 4pm	8 - 15	£40
Friday 29 th May	Kids Activity Day	9.30am - 4pm	8 - 15	£40

To book: Visit <https://activesefton.gladstonego.cloud/book>

Booking is limited to 10 per session Book early to avoid disappointment. Payment is required at time of booking Subject to availability



**AGE 1-4
YEARS**

TOTS DANCE

**THURSDAY
1 - 2PM**

**NETHERTON ACTIVITY CENTRE
GLOVERS LANE
NETHERTON
L30 3TL**



ACTIVITIES

MUSIC, SINGING & DANCING
SINGING AND DANCING SESSION
FOR 1-4 YEAR OLDS.
COME AND JOIN IN THE FUN!

CONTINUING OUR
INTRODUCTORY PRICE

**£3 PER
SESSION**



How to Book

ONLINE BOOKING INFORMATION

Bookings for Sports & Games, Dance Camps, Ditch your stabilisers sessions and Dance Workshops activities are online ONLY - please visit <https://activesefton.gladstonego.cloud/> **book to book your place**. Search Active Sefton then select the session you wish to book.

For more information on how to create an account to book, please visit:

<https://www.activeseftonfitness.co.uk/activeseftonbookings>

For more information or help, contact the Active Sefton Team on **0151 288 6286** or

email active.sports@sefton.gov.uk

MOBILE PHONES AND TECHNICAL DEVICES

Please can we ask all children to keep mobile phones / tablets at home or in their bags during our Be Active sessions. As part of the registration process, our coaches ensure we have contact numbers for all parents/guardians, so should we need to contact you at any stage during the day, we are able to do so.

PACKED LUNCHES

Active Sefton encourages children to eat a healthy balanced diet and get active. Just like our schools in Sefton, we ask that you try and make healthier lunch choices and do not give your children chocolate, sweets, cakes or fizzy drinks. Below are some ideas to help you pack up a healthy lunch box for your child to bring with them to our school holiday camps.

- Swap white bread for wholemeal bread for sandwiches.
- Swap fizzy and juice drinks for water.
- Swap high sugar, high fat products such as chocolate, sweets, cakes and crisps for fruit, sugar free jelly and plain popcorn.
- Include some chopped up vegetables as a snack with a low calorie dip such as hummus.
- This lunch box guidance is intended to help children develop and practice healthy eating habits. A nutritious meal at lunch time can help children, concentrate and increase their energy levels and performance. Give some of the swaps a try!

For more information on any of our programmes, please follow us at

 [activesefton](#)  [active_sefton](#)

Or visit us at www.sefton.gov.uk/beactive

Sefton Council 

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